



POWERED
BY:



TRAINING ATHLETES PHYSICALLY, MENTALLY, AND SPIRITUALLY!

Do you not know that your body is a temple of the Holy Spirit... Therefore honor God with your body.

1 Corinthians 6:19-20

SCAN
QR
CODE

1. Download App:



2. Create your profile.

3. Click 'Store' at the bottom

4. Select your 1on1 Kicking membership:

1 Week



2 Week



4 Week



8 Week



5. Purchase your FREE membership

6. Click 'Classes'

7. Sign up for your class time.

8. Get your mind right!!!

#TPintheSHOW



LOCATION:

135 Belcher Dr.
Pelham, AL, 35124

SCHEDULE:

SPRING

Jan ~ May 19th:

- 8:30am
- 4:00pm

SUMMER

May 22nd ~ Aug. 4th:

- 8:00am
- 1:00pm
- 4:00pm



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